

THE POWER OF BELIEF ... USING MINDPOWER TO ACHIEVE MASSIVE RESULTS!

OBJECTIVE

This programme teaches participants to use the latest ideas from the cognitive sciences to take control of their whole brain, and put them to use in designing the life and results they really want. Sell more, improve relationships, lose weight, or anything else using the incredible power available to you right now!

Power

CONTENT

- How our belief systems work – and how to reset them for success.
- Putting the unconscious mind to work for us – tapping into the other 90% of our mindpower!
- Barriers to effective performance.
- Using the teleological nature of our mind to achieve desired results.
- How to break limiting habits and set new empowering patterns of behaviour.
- Using the power of visualisation and focus to achieve better results.
- Deprogramming and reprogramming the mind.
- Setting ourselves up for success.

DURATION

Full day module